

**Postgraduate Diploma in Principles of Sex  
Counseling and Therapy**  
**性輔導與性治療深造文憑**  
(to be approved)

The aim of the program is to provide a one-stop, convenient, comprehensive and professional program on the basics of sex counseling and therapy, to meet an international standard for physicians and allied health professionals, making principle use of the formats and technology of web-based education.

The program focuses on principles of sex counseling and sex therapy which forms the foundation for further study, such as Master in Sex Counseling and Sex Therapy, of this field. There is no fieldwork or clinical practice involved in this program. Students are not expected to become a sex counselor and sex therapist upon the completion of this program. However, they are expected to develop positive attitudes and confidence in discussing with clients about sex and related interpersonal issues.

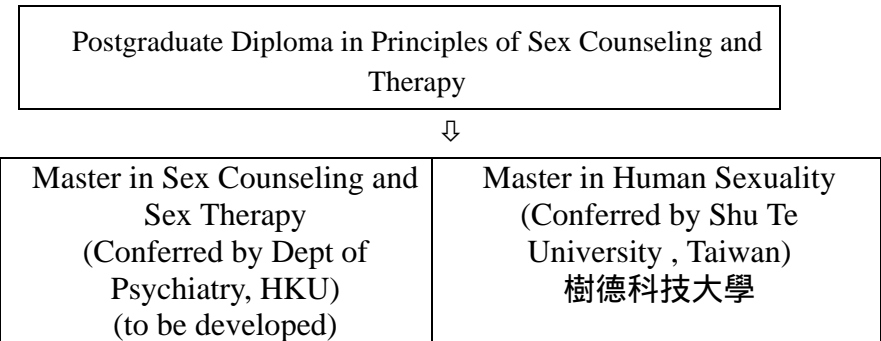
**Objectives**

On completion of the program, students are expected to be able:

- (a) To design accurate and professional and public-friendly teaching materials about sex therapy for use with clients or in the community settings (e.g. for exhibition or on the web).
- (b) To conduct discussions on sexuality topics in a systematic, objective and effective manner.

- (c) To evaluate existing theories, beliefs and views on sex therapy, research methodologies and outcome of treatments for sexual problems
- (d) To analyse sex counseling techniques to assist individuals, couples or groups in managing their sexual dysfunction problems.
- (e) To research, update and continue self-education on knowledge, views and sex therapy skills pertaining to therapeutic interventions.

**Academic Progression**



**Entry Requirements**

Applicants should normally:

- (a) have a degree in medicine; or be allied health professionals with a first degree (in nursing, psychology, social work, or equivalent) and with extensive work experience in related areas (their applications will be individually assessed);
- (b) have satisfactory literacy skills in English (e.g. IELTS – level 6);
- (c) have basic skills in computing; and have access to computer and internet facilities.

### **Priority Criteria**

In-service health professionals with contemporary or potential clinical practice in sex counseling & therapy. A face-to-face or phone interview may be required.

### **Program Design**

The program comprises 2 components: theory and case study. The delivery of the theoretical component is mainly through the e-learning mode supplemented by regular seminars.

The theoretical component comprises the following 6 modules:

Module 1: Sex and Health

Module 2: Sexual Psychology

Module 3: Sex and Society

Module 4: Sexual Dysfunctions and Treatment Modalities

Module 5: Sex Counseling Skills

Module 6: Sex Therapy Skills

Starting from the 6<sup>th</sup> month, with the help and approval of a teacher, a student will choose a case of sexual dysfunction under his/her care that requires counselling or sex therapy. Each treatment session will be videotaped or audiotaped by consent of the patient, to be reviewed in supervision classes over the internet conducted and supervised by a teacher for a minimum of 10 sessions in a maximum of 6 months. The student will write case study report at the end of the study.

### **Assessment**

- 80% attendance of the Seminar
- A 2-hour examination (e.g. MCQs; True/False; fill in the blanks)
- Critique of articles
- Case Study Report

Quality expected of the assignment/exam is of the usual Postgraduate course standard.

### **Award**

On successful completion of all the required assessments of the program, students will be awarded the Postgraduate Diploma in Principles of Sex Counseling and Therapy by HKU SPACE. Students who gain an overall mark of 70-79% may be awarded the Postgraduate Diploma with Credit. Those who gain an overall mark of 80% or above may be awarded the Postgraduate Diploma with Distinction.

### **CME Accreditation**

- 1) College of Community Medicine (10 pts)
- 2) College of Family Physicians (50 pts)
- 3) College of Obstetricians and Gynaecologists (5 pts)
- 4) College of Surgeons (18 pts)
- 5) MCHK CME Programme, HKU (1 pt per hour)
- 6) Department of Health (1 pt per hour)
- 7) Hong Kong Doctors Union (1 pt per hour)
- 8) Hong Kong Academy of Medicine (1 pt per hour)
- 9) The Hong Kong Medical Association (1 pt per hour)

**CNE : 200 points recommended**

**Medium of Instruction:** English supplemented with Chinese

**Key Teachers:**

**Dr William Granzig, Director, American Board of Sexology, USA**

**Dr. Judy Kuriansky, Professor of Clinical Psychology, Columbia University Teachers College, USA**

**Prof. M L Ng, Professor, Department of Psychiatry, The University of Hong Kong**

**Prof. F F Ruan, Professor & Director, Department of Asian Studies, Institute for Advanced Study of Human Sexuality, San Francisco, USA**

**Date of commencement:** February 2004

**Closing date:** January 2004

**Fee:** \$22,000

**Enrolment Procedures**

If you are interested in obtaining the course information sheet and general application form, please send a \$1.40 stamp-addressed envelope to Ms Esther Pun, HKU SPACE, 9/F T.T. Tsui Building, The University of Hong Kong, Pokfulam Road, Hong Kong. Tel: 29755687 or visit the web site: <http://www/hku.hk/space/>

Completed application forms should be sent together with the appropriate fee either in the form of a crossed cheque or bank draft made payable to **HKU SPACE** to the Ms Esther Pun of the addressed stated above.

*The photocopies of relevant Certificate should be attached.*